



# Survival Supplement

Survival Skills supplement to the Outdoor Adventures Curriculum will help you teach Survival Skills unit.. The current curriculum is being update for 2011. Until the update is ready here is a quick and easy way to use the curriculum.

- 1) The curriculum references DVD's: Prepared to Survive or Preparing for Survival. If you do not have these DVD's, an updated version of Preparing for Survival is Skills of the Survivor for \$19.95 at [www.outdoorsafe.com](http://www.outdoorsafe.com).
- 2) If you don't have DVD's, go to [www.outdoorsafe.com](http://www.outdoorsafe.com) and utilize all of the survival articles listed on Peter Kummerfeldt's website on the left side. These articles include: (Click on the article)

[WILDERNESS  
EMERGENCY  
MANAGEMENT](#)

[AVOID BECOMING AN  
"ALTITUDE"  
CASUALTY](#)

[AVOID BECOMING A  
LIGHTNING CASUALTY](#)

[AVOID BECOMING A  
DEHYDRATION  
CASUALTY](#)

[SAFETY OUTDOORS  
REFUSE TO BE A  
VICTIM](#)

[SURVIVAL KITS  
WHAT YOU SHOULD  
CARRY](#)

[THE IMPORTANCE OF  
WATER TO SURVIVAL](#)

[MAKING WATER SAFE  
TO DRINK](#)

[THE ACCIDENT PRONE  
OUTDOORSMAN](#)

[SELF-RESCUE](#)

[SURVIVAL  
TECHNOLOGY](#)

[SURVIVAL BY THE  
NUMBERS](#)

- 3) Or, go to Peter Kummerfeldt's Newsletters and you can see additional articles. Some articles on the newsletters include: Newsletter #7 - **Three Little Words – "I am just...."** And **Cold Weather Clothing**; Newsletter #8 - Comments about "Survivor Man" and Cathy Jacobs survival story; Newsletter #9 - **Teaching Kids to Survive**; Newsletter #10 - **Process of Self-Survival**
- 4) Print these articles for your class or go to the computer lab and read them. Have your students report to the class what they discovered in the articles. This will take 2-3 days and you will be amazed at the information your students will learn.

Consider purchasing the following book - Surviving a Wilderness Emergency – book \$19.95